# SOUTH ISLAND OPTIMIST COACHING CLINIC 2014

YMCA Wainui Park - Akaroa December 17-21 2014

The clinic is a four-day course and will be the premier coaching clinic for Open Opti sailors in the South Island this summer.

Up to 30 spaces are available for financial members of NZIODA. Sailors must be able to independently rig, launch and retrieve their own fiberglass Opti and have some racing experience at Open or Green Fleet level at a recent major regatta (e.g. Picton Interislander, Canterbury Age Groups and Nationals).

The main aim of the clinic is to improve the skills of all participants during four days of intensive training and activities. We will have some top New Zealand coaches, performing the coaching duties.

The venue is the YMCA Wainui Park Camp on the western side of Akaroa Harbour on Banks Peninsula. N.B. It is located on the opposite side of the harbour from Akaroa Township.

Accommodation is in the lodge facility at the camp. All meals are supplied by Wainui Park staff. The lodge includes a dining room, kitchen, bunk rooms, toilets, showers etc.

For more information visit the Wainui website

The cost is \$350.00 per sailor.

Close-off date for entry is 10 September 2014. Acceptance will be advised by October. Upon acceptance you will be sent more information and a programme for the clinic.

All registrations must be emailed to Rebecca Baynes at gary.rebecca@xtra.co.nz

#### **Accommodation and Meals**

The clinic will operate on a live-in basis for four nights. Participants will be accommodated in bunkrooms and will need to supply their own adequate sleeping gear (sleeping bag, pillow, blankets, etc). All meals will be provided however please supply your own drink bottle.

#### **Boats and Gear**

As well as your own Optimist and beach trolley, we suggest bringing an extensive supply of spare parts; just the same as you would if you were attending a large, 4-day regatta. Full sailing gear, including hats & buoyancy aids, along with ample warm clothing and suitable footwear will also need to be supplied by you. As sailors will spend many hours afloat, consideration must be given to protective clothing for arms and legs (as well as faces). We suggest long thermals or rash suits. Please bring plenty of sun block.

#### **Program**

Upon approval of your application, and providing the full fee has been paid, a copy of the programme will be forwarded to you as confirmation of your acceptance to the clinic. The clinic begins with a 5:30pm dinner on Wednesday 17<sup>th</sup> and concludes at I.00pm after lunch on Sunday 21<sup>st</sup>. Participants will not be allowed to leave the coaching clinic for any period during the four days, except with prior approval.

#### Liability

The clinic organisers do not accept any liability for loss or damage (material or personal) suffered during or arising at the clinic. It is the individual's responsibility, if so desired, to ensure they have adequate insurance cover for boats, equipment and personal effects.

#### **NZIODA Membership**

All sailors attending must be financial members of NZIODA

#### **Applications and Fees**

**Applications close 10 September 2014.** Late enrolments will not be accepted after the closing date. The full fee is payable with application.

No refunds will be made for withdrawals unless in the case of a dire medical situation!

### SOUTH ISLAND OPTIMIST CLINIC 2014 WAINUI CAMP

## Registration Form All applications must be emailed to us by 10th September 2014

Applicants name			
Address			
Parent/Guardian Name			
Email Address			**
Phone: Day		Phone: Evening	
Male/Female	DOB		Sail No.
Yacht Club	,	T-Shirt Size 8,10,12,14,Sml & Med	·
Please provide information season;	about the sailor's experienc	e and any regattas they ma	ay have competed in the last
Medical Requirements: Does your child have any special needs that we need to be aware of? If so please			
supply details below:			
☐ I am a current financial member of NZIODA: Membership number			
{NB. Your membership number is your NZIODA receipt number}			
In returning this form, I agree to comply with the conditions in the notice of event and the			
programme			
T have denotited \$2	50 00 through alastroni	s bankina inta ST Ontin	mist bank assount
LI have deposited \$350.00 through electronic banking into SI Optimist bank account ASB 12 3147 0475688 00. Please use your childs name in the reference field.			
	*		
Signed		(Parent /6	Guardian)
Please return this form by email to: gary.rebecca@xtra.co.nz			